

**ISSP 2007 – Leisure Time and Sports**

**Basic Questionnaire**

# ISSP 2007 “Leisure Time and Sports”

## Final questionnaire

August, 2006

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### CONTENT OF THE MODULE:

- I. Leisure time: activities and satisfaction (19 items)
- II. The meaning of time and leisure, and its relation to work and other spheres of life (13 items)
- III. Sport/game activities and subjective functions of sport and games (8 items)
- IV. Sociological aspects of sports (6 items)
- V. Social and political participation (7 items)
- VI. Social determinants and consequences of leisure (7 items)
- VII. Optional items (6 items)

### General notes to members

1. All notes which are not part of the questionnaire and intended only for members (for example, translation notes, TN) are enclosed in pointed, angle brackets <like these>.
2. All the elements in questions which require local adaptation are enclosed in square brackets. These instructions often relate to adding the name of the relevant country. For example, in Austria “Generally, how would you describe taxes in [Country] today?” would read “Generally, how would you describe taxes in Austria today?”
3. All the elements in questions which are optional are enclosed in double round brackets ((like these)).
4. The administration and design of the open-ended questions 8a, 10a&b should be locally adapted to the mode of interview (face-to-face or self-completion) and to whether the answers in face-to-face interviews are verbatim recorded or directly coded according to the coding scheme on page 10.

**<I. Leisure time: activities and satisfaction>**

The following questions are related to your free time, that is, time you are not occupied with work or household duties or other activities that you are obliged to do.

1. How often do you do each of the following activities in your free time?

((Please tick **one** box on each line))

	Daily	Several times a week	Several times a month	Several times a year or less often	Never
a. Watch TV, DVD, videos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Go to the movies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Go out shopping <TN: for pleasure>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Read books	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Attend cultural events such as concerts, live theatre, exhibitions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Get together with relatives <TN: who do not live in your household>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Get together with friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Play cards or board games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Listen to music	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Take part in physical activities such as sports, going to the gym, going for a walk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Attend sporting events as a spectator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Do handicrafts such as needle work, wood work, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. Spend time on the Internet/PC	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. When you are involved in free time activities to what extent do they enable you ...

((Please tick **one** box on each line))

	Very much	A lot	Somewhat	A little	Not at all	Can't choose
a. ... to be the kind of person you really are?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ... to strengthen your relationships with other people?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<TN: somewhat: to some extent>

3. Please, indicate how much enjoyment you get from the following free time activities:

((Please tick **one** box on each line))

	No enjoyment	Not much enjoyment	Some enjoyment	A fair amount of enjoyment	A great amount of enjoyment	I never do that
a. Reading books	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Getting together with friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Taking part in physical activities such as sports, going to the gym, going for a walk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Watching TV, DVD, videos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## <II. The meaning of time and leisure, and its relation to work and other spheres of life>

4. People do different things during their free time. For each of the following, please indicate how often you use your free time to ...

((Please tick **one** box on each line))

	Very often	Often	Sometimes	Seldom	Never	Can't choose
a. ... establish useful contacts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ... relax and recover	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. ... try to learn or develop skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5a. In your free time, how often do you ...

((Please tick **one** box on each line))

	Very often	Often	Sometimes	Seldom	Never	Doesn't apply
a. ...feel bored?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ...feel rushed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. ... find yourself thinking about work?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5b. In your free time, do you prefer to be with other people or do you prefer to be by yourself?

((Please tick **one** box only))

- Most of time with other people
- More with other people than alone
- More alone than with other people
- Most of time alone
- Can't choose

6. Suppose you could change the way you spend your time, spending more time on some things and less time on others. Which of the things on the following list would you like to spend more time on, which you would you like to spend less time on and which would you like to spend the same amount of time on as now?

((Please tick one box on each line))

	Much more time	A bit more time	Same time as now	A bit less time	Much less time	Can't choose	Doesn't apply
a. Time in a paid job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Time doing household work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Time with your family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Time in leisure activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7a. In the last 12 months, how many nights altogether did you stay away from home for holidays or social visits?

((Please tick **one** box only))

- I was not away
- 1-5 nights
- 6-10 nights
- 11-20 nights
- 21-30 nights
- More than 30 nights
- Can't choose

<TN: holidays: vacation>

7b. In the last 12 months, how many days of leave from your work, if any, did you take altogether (do not include maternity or sick leaves or similar types of leave)?

((Please tick **one** box only))

- None
- 1-5 days
- 6-10 days
- 11-20 days
- 21-30 days
- More than 30 days
- Can't choose
- I do not work

**<III. Sport/game activities and subjective functions of sport and games>**

8a. What sport or physical activity do you take part in most frequently? ((If you do not take part in any sport or physical activity, please tick the box provided below.)) <OPEN-ENDED>

((Most frequent sport or physical activity \_\_\_\_\_ Please write in))  
((Code \_\_\_\_))

I do not take part in any sport or physical activity

<"Code" to be used when directly coded in face-to-face interviews>  
<coding list at the end of questionnaire>

8b. Thinking about **games** rather than sports or physical activities, what type of game do you play most frequently? ((Select the most appropriate game from the list below and tick the corresponding box)).

((If you do not play any game, please tick the box at the very bottom of the list.))  
((Please tick **one** box only))

- |   |                          |
|---|--------------------------|
| Board games   |                          |
| Backgammon  | <input type="checkbox"/> |
| Checkers (brit. draughts)   | <input type="checkbox"/> |
| Chess   | <input type="checkbox"/> |
| Go  | <input type="checkbox"/> |
| Other board games (e.g. monopoly, scrabble)                               | <input type="checkbox"/> |
| Card games (e.g. bridge, rummy, patience, solitaire)                      | <input type="checkbox"/> |
| Dominoes  | <input type="checkbox"/> |
| Mah-jongg   | <input type="checkbox"/> |
| Jigsaw puzzles  | <input type="checkbox"/> |
| Word or number games (e.g. crosswords, sudoku)                            | <input type="checkbox"/> |
| Video games, computer games, play station, pinball                        | <input type="checkbox"/> |
| Gambling games (e.g. casino games, slot machine, lottery, sports betting) | <input type="checkbox"/> |
| Country specific games  | <input type="checkbox"/> |
| Other games   | <input type="checkbox"/> |
| I do not play any game  | <input type="checkbox"/> |

<TN: Give two or three country specific examples in parentheses for the generic categories "Other board games", "Card games", "Word or number games" and "Gambling games">

9. Please indicate how important the following reasons are for you to take part in sports or games.

((Please tick **one** box on each line))

	Very important	Somewhat important	Not very important	Not important	Can't choose	Doesn't apply
a. For physical or mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. To meet other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. To compete against others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. To look good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10a. What sport do you watch on TV most frequently? ((If you do not watch any sport on TV, please tick the box provided below and skip to question 11)). <OPEN-ENDED>

((Most frequent sport watched \_\_\_\_\_ Please write in))  
 ((Code \_\_\_\_))

I do not watch any sport on TV  -> go to Question 11

<"Code" to be used when directly coded in face-to-face interviews>  
 <coding list at the end of questionnaire>

10b. What sport is the SECOND MOST FREQUENT that you watch on TV? <OPEN-ENDED>

((Second most frequent sport watched \_\_\_\_\_ Please write in))  
 ((Code \_\_\_\_))

I do not watch a second sport

<"Code" to be used when directly coded in face-to-face interviews>  
 <coding list at the end of questionnaire>

**<IV. Sociological aspects of sports>**

11. How proud are you when [Country] does well at an international sports or games competition?

((Please tick **one** box only))

- I am very proud
- I am somewhat proud
- I am not very proud
- I am not proud at all
- Can't choose

12. People have different opinions about sports. To what extent do you agree or disagree with the following statements?

((Please tick **one** box on each line))

	Agree strongly	Agree	Neither agree nor disagree	Disagree	Disagree Strongly	Can't choose
a. Taking part in sports develops children's character.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. There is too much sport on TV.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Sports bring different groups and races inside [Country] closer together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. International sports competitions create more tension between countries than good feelings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. [Country]'s government should spend more money on sports.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<V. Social and political participation>

Now, some questions about your social involvement.

13. In the last 12 months, how often have you participated in the activities of one of the following associations or groups?

((Please tick **one** box on each line))

I have participated in...	At least once a week	At least once a month	Several times	Once or twice	Never
a. A sports association/group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. A cultural association/group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. A church or other religious organisation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. A community-service or civic association/group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. A political party or organisation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<TN. "Association/group": countries should choose between the wording "association" or "group" as considered best in their country>



14.a. Generally speaking, would you say that people can be trusted or that you can't be too careful in dealing with people?

((Please tick **one** box only))

- People can almost always be trusted
- People can usually be trusted
- You usually can't be too careful in dealing with people
- You almost always can't be too careful in dealing with people
- Can't choose

14.b How interested would you say you personally are in politics?

((Please tick **one** box only))

- Very interested
- Fairly interested
- Not very interested
- Not at all interested
- Can't choose

<VI. Social determinants and consequences of leisure (7 items)>

Now, some questions about your personal situation.

15. To what extent do the following conditions prevent you from doing the free time activities you would like to do?

((Please tick **one** box on each line))

	Very much	To a large extent	To some extent	Not at all	Can't choose
a. Lack of facilities nearby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Lack of money	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Personal health, age or disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Need to take care of someone (elderly, children, ...)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Lack of time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16.If you were to consider your life in general these days, how happy or unhappy would you say you are, on the whole ...

((Please tick **one** box only))

- Very happy
- Fairly happy
- Not very happy
- Not at all happy
- Can't choose

17. In general, would you say your health is ...

((Please tick **one** box only))

Excellent

Very good

Good

Fair

Poor

Can't choose

### Coding list for sports (Questions 8a, 10a and 10b)

Coding instructions:

The following list is based on ISSP countries' most prominent sport activities. The questions on sport activities are asked open-ended. Thus, respondents' answers or entries have to be coded either by interviewer, coder or other persons from ISSP countries' staff according to that scheme into numeric values (three digits). Please note that country-specific codes or codes **not** included in the following list **cannot** be accepted for the international and integrated ISSP file.

Sport activities are organized into four main groups (100=Team sports, 200=Racket sports, 300=Athletics and fitness sports, and 400=other sports). The main groups offer detailed categories: Team sports, e.g., start with American football (101) and ends with volleyball (112). If possible, then these detailed categories should be coded prior to the general ones of the main groups. Main groups should **only** be coded if respondents answer or enter a general main group, f.e. racket sports. If there are any activities which are not explicitly listed, then, please, code into one of the "other" categories: 199= "other team sport", 299="other racket or bat sport", 399= "other fitness sport" or 499= "other sport". Please only use 499="other sport" if more precise classification is not possible.

Code	
<b>100</b>	<b>Team sports</b>
101	American football
102	baseball, softball
103	basketball
104	cricket
105	ice hockey
106	field hockey
107	football, soccer
108	handball
109	netball
110	polo, water polo
111	rugby
112	volleyball
199	other team sport
<b>200</b>	<b>Racket sports</b>
201	badminton
202	squash
203	table tennis
204	tennis
299	other racket or bat sport
<b>300</b>	<b>Athletics and fitness sports</b>
301	athletics (athletic disciplines, e.g. 100m-running, long-jumping, high-jumping), marathon
302	( <i>competitive</i> ) body training (e.g. weight-training, body-building, artistic gymnastics)
303	fitness (aerobics, exercise machine-training, work-out, <i>noncompetitive</i> gymnastics)
304	jogging, ( <i>non-competitive</i> ) running
305	walking, Nordic-walking, hiking, trekking, climbing
399	other fitness sport
<b>400</b>	<b>Other sports</b>
401	adrenaline sports (e.g. bungee-jumping, paragliding)
402	billiards, pool, snooker
403	biathlon, triathlon
404	bowling, curling, bocce
405	boat sports (e.g. sailing, rowing, yachting, canoeing, kayaking)
406	bullfight
407	cockfighting
408	cycling, mountain-biking
409	dancing (e.g. ballroom dancing, Latin dances, Hip Hop, Jazz-dance, ballet)
410	darts

411	fencing
412	fishing, hunting
413	golf, minigolf
414	horse riding, horse racing
415	ice skating
416	inline skating, skateboarding, roller skating
417	martial arts (e.g. boxing, wrestling, Judo, Karate)
418	motor sports (motor racing, go carting)
419	rodeo
420	shooting (pistols, rifle, archery)
421	swimming, diving, snorkeling
422	surfing, water-skiing
423	snow-sports (skiing, snowboarding, cross-country-skiing, snow-biking, bobsleigh, toboggan)
499	other sport

## VII. Optional items

18. Now, two questions about yesterday.

a. Just to recall for you, yesterday was...  
((Please tick **one** box only))

- ... a weekday or working-day   
... a day off or a holiday

b. At about what time did you get up yesterday ? At \_\_\_\_\_o'clock \_\_\_\_ minutes (Please enter using the 24-hour format)

c. At about what time did you go to sleep yesterday ? At \_\_\_\_\_o'clock \_\_\_\_ minutes (Please enter using the 24-hour format)

19. Could you please tell me your

- a. Height: \_\_\_\_\_cm  I don't know
- b. Weight: \_\_\_\_\_kg

<Countries not using metric height and weight:  
please use local units and convert to metric units in the data file you deposit to the Archive>

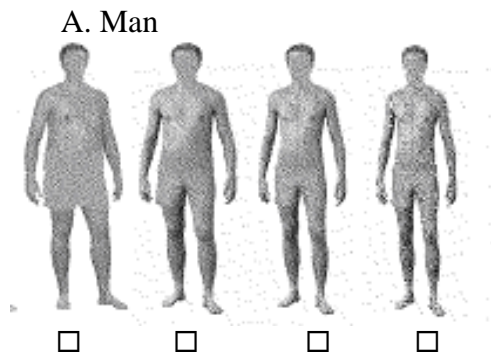
20. Would you like to...

((Please tick **one** box only))

- Gain weight   
Maintain your current weight   
Lose weight   
I don't care about my weight

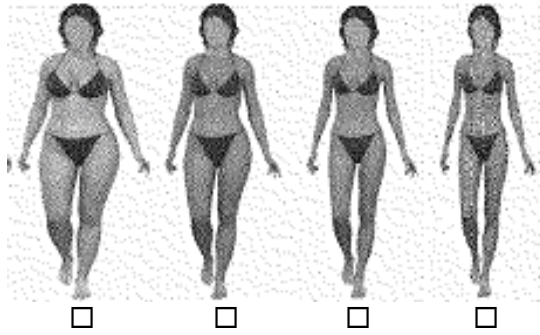
21. Which of the following pictures come closest to your conception of an ideal shape of a man and a woman?

*(Please tick the box below the picture of your choice of the ideal man)*



*(Please tick the box below the picture of your choice of the ideal woman)*

B. Woman



<The pictures can be substituted with other pictures, which fit better to the respective national context>